



## Summer League Rules & Regulations

1<sup>st</sup>-6<sup>th</sup> Grade Boy's Basketball

Louisiana High School Association Basketball rules will be in effect as modified below:

Coaches must stay on bench during game while coaching. No coach is allowed on the court at any time during the game. The referee will help position kids on free throws and jump balls.

### **Ball Size/Goal Height:**

**1<sup>st</sup>/2<sup>nd</sup>: 27.5 ball, 8.5 ft goals**

**3<sup>rd</sup>/4<sup>th</sup>: 28.5 ball, 8.5 ft goals**

**5<sup>th</sup>/6<sup>th</sup>: 28.5 ball, 10ft Goals**

### **Game Length:**

**1<sup>st</sup>-6<sup>th</sup> Grades**

Four 8 minutes quarters running clock, stopping last minute of each quarter

### **Playing Time**

Playing time is at the discretion of the Head Coach

COACHES ARE ENCOURAGED TO PROVIDE EQUAL PLAYING TIME FOR ALL PLAYERS.

Teams that do not have 5 players at game-time, will have a 5 minute grace period for that fifth player to show up, otherwise the game will result in a forfeit.

### **Alternating Possession Rule**

At the beginning of the first quarter only, there will be a jump ball. This will be the only jump ball in regulation play. During each quarter, teams will alternate possession on all jump balls according to the possession arrow on the score table. In addition, the possession arrow will indicate which team in-bounds the ball at the beginning of all subsequent periods following the 1st.

### **Time Outs**

Each team will get 2 time-outs per half. Time-outs last 60 seconds

There will be one minute between each quarter.

There will be a five- minute half time.

There will be one time-out per overtime period

### **Overtime**

There will be one 1 minute overtime period, clock stopping like a regulation basketball game. At the end of the first overtime, if the score is still tied, sudden death free throws will determine the winner.

One shooter from each team will shoot against each other until a winner is decided. No player may shoot twice until his/her entire team has gone.

### **Three Second ruling**

Grades 1 & 2: Three seconds will not be called unless in the judgment of the ref, that the players or coaching style are taking advantage of this rule.

### **Back-Court Defense**

The over & back rule will not be enforced in these grades (1/2 Grades).

The rule will be modified as followed: If after the offensive team has crossed into front court with the ball, then chooses to return to the backcourt with the ball, they may be pursued by the defensive team. This rule stays in effect regardless of how long the ball has been in the frontcourt or what the score is. Once the ball has crossed the mid court line, if it goes backcourt there is NO 10 second count.

There is a 10 second count in all 3<sup>rd</sup>-6<sup>th</sup> grade games.

### **Defensive rules**

Each defensive player shall play man to man defense while the ball is in the offensive half of the court.

There is no double-teaming. If seen, the referee will stop and put the opposing player back on the correct player to guard.

**\*1<sup>st</sup>-2<sup>nd</sup> grade teams may pick up past half court with under 10 seconds left in the game to prevent teams from just running out the clock\***

**\*3<sup>rd</sup>-6<sup>th</sup> grade teams can press the last 2 minutes of the 2<sup>nd</sup> and 4<sup>th</sup> quarters. Press has to be man-man\***

### **Fouls**

- **There will be no foul outs in 1st-6th grade games. Teams will shoot double bonus after 7 team fouls in each half.**
- **A player that fouls excessively will be subbed by the referee and must sit out the remainder of the quarter they are sat in.**

### **Travel, Double Dribble**

Travelling and Double-dribbling will be called at all grade levels.

Coaches: In practices, teach dribbling, stopping and using the pivot-foot. If a player stops dribbling then they should know that they can do the following:

Pass, shoot, or use pivot-foot and then pass or shoot

### **Free Throw Distance**

**10 ft**-1/2 Grade

**12ft**- 3/4 Grade

**Regulation:** 5<sup>th</sup>-6<sup>th</sup> Grades

### **Pre-Game Setup:**

Each team will begin the game at the basket away from their bench in order that each team will finish the game at the basket adjacent to their bench.

Exceptions to the above are at the discretion of the league commissioner.